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Press Release:

FOR IMMEDIATE RELEASE

Riverview School District Receives Wellness Grant



Riverview School District has embarked on a mission to promote student and employee wellness. Last school year Riverview School District employees completed their Wellness Profiles as part of the ACSHIC (Allegheny County Schools Health Insurance Consortium) and Highmark Wellness Rewards Program. For their efforts the district received \$3000 to be used towards employee wellness. During the 2017-2018 school year every other Friday will be "Fitness Friday." Wellness Baskets full of healthy goodies, novelty items, and literature will be in each buildings breakroom for employees. Items may include magazines, stress balls, ice packs, pedometers, and assorted healthy snacks.

Human Capital is an asset that accounts for over 90% of the district's budget. Encouraging staff to take care of themselves by eating healthy, reducing stress, and engaging in physical activity reduces absenteeism and health risks. It also provides a healthy happy work environment that in return acts as a great role model to our students and community.

